



**Living
Room
Health**

How to find us

Living Room Health is based in
Paddington, London. Tel: 0330 580 1153

We are centrally located near Paddington Station at **10 Eastbourne Terrace, London W2 6LG**. If you are driving to us, a small amount of on-street parking is available in the area surrounding Eastbourne Terrace including Cleveland Terrace, Cleveland Gardens, Gloucester Terrace and Chilworth Street.

If you are coming from Paddington Station, head north up Eastbourne Terrace and turn left at the Prince of Wales pub. You will quickly find the entrance to Eastbourne Mews on your left. Press the buzzer for Living Room Health and a member of our team will be there to welcome you.

We are accessible by bus and tube and the closest station to us would be Paddington Underground Station, which you will find on the Bakerloo, District, Circle, Elizabeth and Hammersmith & City lines. Take Bus numbers 7, 23, 27, 36, 46, N7, N27 to Eastbourne Terrace; 205 N205 to Cleveland Terrace; 332 to Bishops Bridge.

